

FRESHMAN

Freshman Fall (15 hrs.)			Cr.	Semester/Grade/Course ID	Freshman Spring (15 hrs.)			Cr.	Semester/Grade/Course ID
Common Core Requirements					Common Core Requirements				
BIBL 1013	Introduction to Christian Scripture	3			BIBL 1023	Christian Theology & Ethics	3		
ENGL 1153	English Composition: Exposition & Argument	3			ENGL 1163	English: Composition & Classical Literature	3		
MATH 1033	Contemporary Mathematics (or higher)	3			Supportive Core Requirements				
Supportive Core Requirements					FMLY 1503	Introduction to Family Science	3		
	World Language Course	3			PHIL 1043	Introduction to Philosophy	3		
Major Requirements					SOCI 1223	Introduction to Sociology	3		
PSYC 1223	Introduction to Psychology	3							

SOPHOMORE

Sophomore Fall (15 hrs.)			Cr.	Semester/Grade/Course ID	Sophomore Spring (16 hrs.)			Cr.	Semester/Grade/Course ID
Common Core Requirements					Common Core Requirements				
ENGL 2013	European Civilization: Literature	3			ENGL 2023	Modern West: Literature	3		
HIST 2013	European Civilization: History	3			HIST 2023	Modern West: History	3		
Supportive Core Requirements					FNAR 2063	Arts and Western Culture	3		
	Supportive Course Options	3			Major Requirements				
Major Requirements					PSYC 2224	Statistics for the Behavioral & Social Sci	4		
EXSC 1733	Introduction to Nutrition	3			EXSC 2353	Legal Issues in Exercise Sci, Sport & Rec	3		
SAR 1483	Introduction to Sports and Recreation	3							

JUNIOR

Junior Fall (16 hrs.)			Cr.	Semester/Grade/Course ID	Junior Spring (15 hrs.)			Cr.	Semester/Grade/Course ID
Common Core Requirements					Major Requirements				
	Laboratory Science Course	4			EXSC 3103	Motor Learning	3		
Major Requirements					PSYC 3213	Theories of Personality	3		
PSYC 2623	Research Methods in Psychology	3			PSYC 3763	Basic Counseling Skills	3		
PSYC 4103	Social Psychology	3			PSYC 2043 or	Child and Adolescent Development	3		
EXSC 3233	Sport and Exercise Psychology	3			PSYC 2053	Lifespan Development	3		
	Elective	3				Elective	3		

SENIOR

Senior Fall (15 hrs.)			Cr.	Semester/Grade/Course ID	Senior Spring (13 hrs.)			Cr.	Semester/Grade/Course ID
Supportive Core Requirements					Common Core Requirements				
SOCI 2103	Global Justice Concerns	3			PHED 1001	The Wellness Lifestyle	1		
Major Requirements					Major Requirements				
PSYC 4613	Psychotherapy and Family Therapy	3			PSYC 4723	Abnormal Psychology	3		
SAR 3103	Ethics in Sports	3			SAR 3223	Psychology of Coaching	3		
	Sport Psychology Options	3				Sport Psychology Options	3		
	Elective	3				Sport Psychology Options	3		

Sport Psychology Options: Select 9 Hours

- EXSC 2103 Inclusive Physical Activities
- EXSC 2201 Design/Teach Fitness Activities
- EXSC 1534 Functional Human Anatomy
- EXSC 1544 Functional Human Physiology
- EXSC 3403 Sport and Exercise Nutrition
- EXSC 3553 Current Health Issues
- FMLY 3503 Parenting
- FMLY 3513 Marriage
- FMLY 4203 Human Sexuality
- PSYC 3583 Experimental Psychology
- PSYC 3803 Cognitive Psychology
- PSYC 4403 Aggression and Violence: A Social Psychological Approach
- PSYC 4503 Psychological Testing
- PSYC 4909 Practicum in Mental Health
- SAR 3243 Leadership in Sports and Recreation