

FRESHMAN

Freshman Fall (16 hrs.)			Cr.	Semester/Grade/Course ID	Freshman Spring (16 hrs.)			Cr.	Semester/Grade/Course ID
Common Core Requirements					Common Core Requirements				
BIBL 1013	Introduction to Christian Scripture	3			BIBL 1023	Christian Theology & Ethics	3		
ENGL 1153	English Composition: Exposition & Argument	3			ENGL 1163	English: Composition & Classical Literature	3		
MATH 1063	College Algebra	3			GNSC 1124	Issues in Biology	4		
PHED 1001	The Wellness Lifestyle	1			Major Requirements				
Major Requirements					EXSC 1733	Introduction to Nutrition	3		
EXSC 1013	Introduction to Exercise Science	3			MATH 1173	Trigonometry (EXSC Options)	3		
NURS 1153	Medical Terminology	3							

SOPHOMORE

Sophomore Fall (15 hrs.)			Cr.	Semester/Grade/Course ID	Sophomore Spring (16 hrs.)			Cr.	Semester/Grade/Course ID
Common Core Requirements					Common Core Requirements				
ENGL 2013	European Civilization: Literature	3			ENGL 2023	Modern West: Literature	3		
HIST 2013	European Civilization: History	3			HIST 2023	Modern West: History	3		
Major Requirements					Supportive Core Requirements				
CHEM 1105	General Chemistry I (EXSC Options)	5			PSYC 1223	Introduction to Psychology	3		
EXSC 1101	First Aid/CPR	1			Major Requirements				
EXSC 2353	Legal Issues in Exercise Science	3			BIOL 2354	Human Anatomy	4		
					EXSC 2723	Care and Prevention of Athletic Injuries	3		

JUNIOR

Junior Fall (14 hrs.)			Cr.	Semester/Grade/Course ID	Junior Spring (16 hrs.)			Cr.	Semester/Grade/Course ID
Common Core Requirements					Supportive Core Requirements				
FNAR 2063 or PHIL 1043	Arts and Western Culture Introduction to Philosophy	3			PSYC 2503	Lifespan Development	3		
Supportive Core Requirements					Major Requirements				
MATH 2003	Basic Statistics	3			EXSC 3103	Motor Learning	3		
Major Requirements					EXSC 3804	Exercise Physiology	4		
BIOL 2364	Human Physiology	4			PSYC 3763 or PSYC 4723	Basic Counseling Skills Abnormal Psychology	3		
EXSC 3504	Exercise Testing and Prescription	4				Exercise Science Options	3		

SENIOR

Senior Fall (14 hrs.)			Cr.	Semester/Grade/Course ID	Senior Spring (13+ hrs.)			Cr.	Semester/Grade/Course ID
Supportive Core Requirements					Major Requirements				
COMS 1093	Introduction to Speech Communication	3			EXSC 4099	Internship in Pre-Allied Health	2		
SOCI 1223	Introduction to Sociology	3			EXSC 4909	Exercise Science Capstone	1		
Major Requirements						Upper-Level Electives or Upper-Level Exercise Science Options	5		
EXSC 4099	Internship in Pre-Allied Health	2				Exercise Science Options or Electives	5+		
	Upper-Level Electives or Upper-Level Exercise Science Options	6							

Exercise Science Options: Select 16+ Hours

- BIOL 3043 Immunology (fall)
- BIOL 3274 Microbiology (spring)
- BIOL 4014 Genetics (spring)
- CHEM 1105 General Chemistry I (fall)
- CHEM 1115 General Chemistry II (spring)
- CHEM 3054 Biochemistry (fall)
- CHEM 3104 Organic Chemistry I (fall)
- CHEM 3114 Organic Chemistry II (spring)
- ENGL 2773 Introduction to Professional Writing (fall even)
- EXSC 2103 Inclusive Physical Activities (spring)
- EXSC 3053 Advanced Athletic Injury Management (fall)
- EXSC 3233 Sport and Exercise Psychology (spring)

Exercise Science Options (continued)

- EXSC 3403 Sport and Exercise Nutrition (spring)
- EXSC 3553 Current Health Issues (spring)
- EXSC 4003 Therapeutic Modalities in Athletic Training (spring)
- EXSC 4013 Therapeutic Exercise in Athletic Training (fall)
- EXSC 4183 Organization and Administration
- EXSC 4804 Exercise Physiology II (spring)
- EXSC 4833 Biomechanics (spring)
- MATH 1173 College Trigonometry
- NURS 2213 Pathophysiology (spring)
- PHYS 2414 College Physics I (fall)
- PHYS 2424 College Physics II (spring)
- SPED 3023 Introduction to Children with Exceptionalities