

# Sports and Recreation Emphasis in Sports and Recreation Management

Bachelor of Arts

## DEGREE PLAN

### Common Core for Sports and Recreation 39 Hours

<b>BIBLICAL LITERACY — SELECT TWO COURSES</b>		<b>6</b>
REL 1013	Old Testament History and Literature	3
REL 1023	New Testament History and Literature	3
REL 3073	Biblical Ethics	3

<b>WRITING AND LITERATURE</b>		<b>6</b>
ENGL 1153	English Composition: Exposition and Argument	3
ENGL 1163	English: Composition and Classical Literature	3

<b>SCIENTIFIC LITERACY</b>		<b>4</b>
GNSC 1124	Issues in Biology	4

<b>WELLNESS AND LIFELONG FITNESS</b>		<b>2</b>
PHED	Activity Course	1
PHED 1001	The Wellness Lifestyle (Concepts in Fitness)	1

<b>HISTORY AND LITERATURE</b>		<b>12</b>
ENGL 2013	European Civilization: Literature	3
and HIST 2013	European Civilization: History	3

<b>SELECT ONE PAIR</b>		
ENGL 2023	Modern West: Literature	3
and HIST 2023	Modern West: History	3
ENGL 2033	World Civilizations: Literature	3
and HIST 2033	World Civilizations: History	3

<b>FINE ARTS — SELECT ONE COURSE</b>		<b>3</b>
FNAR 2063	Arts and Western Culture	3
FNAR 2163	Arts and Ideas	3

<b>MODERN FOREIGN LANGUAGES &amp; MULTICULTURAL EXPERIENCE †</b>		<b>6</b>
—	Modern Foreign Language Course	3
—	Modern Foreign Language Course	3

<b>Flex Core</b>		<b>14 Hours</b>
CMAR 1092	Introduction to Speech Communication	2
MATH 1033	Contemporary Mathematics	3
or MATH	MATH above 1033	
PSYC 1223	General Psychology	3
SOCI 1223	Introduction to Sociology	3
POLI 1223	American Government	3

### Professional Core 38 Hours

BSAD 1113	Intro to Business	3
COMS 2003	Organizational Communication	3
FIN 2403	Personal Finance	3
HHP 1101	First Aid/CPR	1
HHP 2353	Legal Issues in Health and Human Performance and Sports	3
HHP 4183	Principles of Organization and Administration	3
SAR 1483	Foundations of Sports and Recreation	3
SAR 2252	Survey of Outdoor Recreation	2
SAR 3103	Ethics in Sports	3
SAR 3153	Promotion of Exercise, Health and Recreation Programs	3
SAR 3243	Leadership in Sports and Recreation	3
SAR 3503	Managing Sport Events	3
SAR 4052	Research in Sports and Recreation	2
SAR 4403	Planning/Designing Health and Human Performance and Sports and Recreation Facilities	3

### Area of Emphasis: Sports and Recreation Management 18 Hours

SAR 4769	Internship in Sports and Recreation Management*	3-12
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### SELECT SIX TO FIFTEEN HOURS

ART 2203	Intro to Graphic Design	3
BISS 1103	Fluency in Information Technology	3
BISS 1123	Business Problem Analysis	3
BSAD 2003	Business Communication	3
COMS 2203	Media and Culture	3
COMS 3043	Advertising	3
COMS 3183	Public Relations and Writing	3
COMS 3453	Communication and Conflict	3
FMLY 1503	Intro to Family Science	3
HHP 1302	Team Sports	2
HHP 1312	Nontraditional Sports	2
HHP 1322	Lifetime Sports	2
HHP 1723	Care and Prevention of Athletic Injuries	3
HHP 2011	Adapted Physical Education	1
HHP 2201	Teach/Design Fitness Activities	1
HHP 3223	Psychology of Coaching	3
PSYC 2043	Childhood Adolescent Development	3
PSYC 3963	Basic Counseling Skills	3
PSYC 4403	Aggression and Violence	3
SAR 1013	Introduction to Sports Ministry	3
SAR 1622	Commercial Recreation and Sports	2
SAR 2079	Practicum in Sports and Recreation	1-4
SAR 2411	Sports Officiating I	1
SAR 2421	Sports Officiating II	1
SAR 3403	Outdoor Education	3
SAR 3903	Camp Administration	3
SAR 4101	CRNPA: Prep Course	1

### Electives 19 Hours

Courses selected on the basis of student interest in consultation with faculty advisor.

### Total Hours

Common Core for Sports and Recreation Management	39
Flex Core	14
Professional Core	38
Area of Emphasis: Sports and Recreation Management	18
Electives	19

**Total hours required for graduation 128**

No D's will be accepted in the area of concentration and the supportive courses or in courses comprising majors and minors.

Program must include at least 39 hours of courses at the 3000-4000 level.

\* May be repeated for up to 12 credit hours.

† All students must take two sequential courses of the same language at the appropriate level or an approved Multicultural Experience which includes Modern Foreign Language. For more information on these requirements, visit [okbu.edu/catalog/foreign-language](http://okbu.edu/catalog/foreign-language).