

Sports and Recreation Emphasis in Athletic Coaching

Bachelor of Science

DEGREE PLAN

Common Core 35 Hours

CORE CAPSTONE 0

GNED 3000	Core Capstone	0
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BIBLICAL LITERACY 6

BIBL 1013	Introduction to Christian Scripture	3
BIBL 1023	Christian Theology and Ethics	3

COMPOSITION AND LITERATURE 6

ENGL 1153	English Composition: Exposition and Argument	3
ENGL 1163	English: Composition and Classical Literature	3

SCIENTIFIC LITERACY AND MATHEMATICS 7

—	Laboratory Science Course	4
MATH 1033	Contemporary Math or above	3

WELLNESS AND LIFELONG FITNESS 1

PHED 1001	The Wellness Lifestyle	1
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HISTORY AND LITERATURE 12

ENGL 2013	European Civilization: Literature	3
and HIST 2013	European Civilization: History	3

ENGL 2023	Modern West: Literature	3
and HIST 2023	Modern West: History	3

PHILOSOPHY AND FINE ARTS — SELECT ONE COURSE 3

FNAR 2063	Arts and Western Culture	3
FNAR 2163	Arts and Ideas	3
PHIL 1043	Introduction to Philosophy	3

Supportive Core 12 Hours

SELECT ONE COURSE 3

COMS 1093	Introduction to Speech Communication	3
BSAD 2003	Business Communications	3

SELECT ONE COURSE 3

POLI 1223	American National Government	3
PSYC 1223	Introduction to Psychology	3
SOCI 1223	Introduction to Sociology	3

LANGUAGE AND CULTURE — SELECT ONE PAIR 6

---	World Language Course (any language)	3
---	World Language Course (same language)	3
OR		
---	World Language Course (2000 or above)	3
---	Cultural Engagement Course	3

Area of Emphasis 54-63 Hours

COMS 3453	Communication and Conflict	3
EDUC 3013	Human Development	3
EXSC 1101	First Aid/CPR	1
EXSC 1723	Care and Prevention of Athletic Injuries	3
EXSC 1733	Introduction to Nutrition	3
EXSC 2103	Inclusive Physical Activities	3
EXSC 2353	Legal Issues in Exercise Science, Sport and Recreation	3
EXSC 2534	Functional Human Anatomy	4
EXSC 2544	Functional Human Physiology	4
EXSC 3103	Motor Learning	3
EXSC 3403	Sport and Exercise Nutrition	3
EXSC 4183	Organization and Administration	3
SAR 1483	Introduction to Sports and Recreation	3
SAR 3103	Ethics in Sports	3
SAR 3223	Psychology of Coaching	3
SAR 3603	Sport Governance and Regulations	3
SAR 3913	Advanced Coaching Pedagogy	3
SAR 4769	Internship in Sports and Recreation	3-12

SELECT FROM THESE COURSES 9

EXSC 3233	Sport and Exercise Psychology	3
EXSC 3504	Exercise Testing and Prescription	4
EXSC 3553	Current Health Issues	3
EXSC 2201	Design/ Teach Fitness Activities	1
PSYC 3763	Basic Counseling Skills	3
PSYC 4403	Aggression and Violence	3
SAR 2079	Practicum in Sports and Recreation	1-4
SAR 3153	Promotion of Sport and Recreation Programs	3
SAR 3243	Leadership in Sports & Recreation	3
SAR 3503	Managing Sporting Events	3
SAR 4403	SAR Facility Design & Utilizations	3

Electives 1-10 Hours

Total Hours

Common Core	35
Supportive Core	12
Area of Concentration	52-57
Area of Concentration Electives	9
Electives	7-12

Total hours required for graduation 120

All degrees must include at least 30 upper-level hours. No D's will be accepted in the area of concentration and supportive courses or in courses comprising majors and minors.

* Other courses for which the student meets the prerequisites also qualify.