

Health and Human Performance: Health (Clinical) Track

Bachelor of Science

DEGREE PLAN

Common Core for

Health and Human Performance 40 Hours

BIBLICAL LITERACY — SELECT TWO COURSES 6

REL 1013	Old Testament History and Literature	3
REL 1023	New Testament History and Literature	3
REL 3073	Biblical Ethics	3

WRITING AND LITERATURE 6

ENGL 1153	English Composition: Exposition and Argument	3
ENGL 1163	English: Composition and Classical Literature	3

SCIENTIFIC LITERACY 5

CHEM 1105	General Chemistry I	5
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WELLNESS AND LIFELONG FITNESS 2

PHED	Activity Course	1
PHED 1001	The Wellness Lifestyle (Concepts in Fitness)	1

HISTORY AND LITERATURE 12

ENGL 2013	European Civilization: Literature	3
and HIST 2013	European Civilization: History	3

SELECT ONE PAIR

ENGL 2023	Modern West: Literature	3
and HIST 2023	Modern West: History	3

ENGL 2033	World Civilizations: Literature	3
and HIST 2033	World Civilizations: History	3

FINE ARTS — SELECT ONE COURSE 3

FNAR 2063	Arts and Western Culture	3
FNAR 2163	Arts and Ideas	3

MODERN FOREIGN LANGUAGES & MULTICULTURAL EXPERIENCE † 6

—	Modern Foreign Language Course	3
—	Modern Foreign Language Course	3

Flex Core 14 Hours

CMAR 1092	Introduction to Speech Communication	2
MATH 2003	Basic Statistics	3
PSYC 1223	General Psychology	3

SELECT ONE COURSE

MATH 1163	College Algebra	3
MATH 1173	College Trigonometry	3
MATH 2013	Analytic Geometry and Calculus I	3

SELECT ONE COURSE

POLI 1223	American National Government	3
SOCI 1223	Introduction to Sociology	3

Area of Concentration

57-60 Hours

BIOL 2354	Human Anatomy	4
BIOL 2364	Human Physiology	4
HHP 1011	Introduction to Health and Human Performance	1
HHP 1733	Introduction to Nutrition	3
HHP 3233	Sport and Exercise Psychology	3
HHP 3403	Sport and Exercise Nutrition	3
HHP 3504	Exercise Testing and Prescription	4
HHP 3804	Exercise Physiology	4
HHP 4099	Clinical Internship in Health and Human Performance	1-4
HHP 4109	Professional Certification	2
HHP 4704	Clinical Testing and Prescription	4
HHP 4804	Clinical Exercise Physiology	4

SELECT TWENTY HOURS

BIOL 2044	Animal Biology	4
BIOL 2062	Research Methods and Biostatistics	2
BIOL 2274	Microbiology	4
BIOL 3043	Immunology	3
BIOL 4014	Genetics	4
CHEM 1115	General Chemistry II	5
CHEM 3054	Biochemistry	4
CHEM 3104	Organic Chemistry I	4
CHEM 3114	Organic Chemistry II	4
ENGL 2743	Advanced Writing: Technical	3
HHP 3103	Motor Learning of Sports and Movement Skills	3
HHP 3709	Cancer Rehabilitation	1-4
HHP 3713	Exercise and Cancer Research	3
HHP 4329	Advanced Topics in Health and Human Performance	1-4
HHP 4833	Introduction to Biomechanics	3
HHP 4999	Independent Studies in Health and Human Performance	1-4
NURS 1153	Medical Terminology	3
PHYS 2414	College Physics I	4
PHYS 2424	College Physics II	4
PHYS 2515	University Physics I	5
PHYS 2525	University Physics II	5
PSYC 2043	Child and Adolescent Development	3
PSYC 4723	Abnormal Psychology	3
SOCI 3303	Aging and Death	3
SPED 3022	Introduction to Exceptional Child	2

Electives

14-17 Hours

Courses selected on the basis of student interest in consultation with faculty advisor.

Total Hours

Common Core for Health and Human Performance	40
Flex Core	14
Area of Concentration	57-60
Electives	14-17
Total hours required for graduation	128

No D's will be accepted in the area of concentration and the supportive courses or in courses comprising majors and minors.

* Other courses for which the student meets the prerequisites also qualify.

† All students must take two sequential courses of the same language at the appropriate level or an approved Multicultural Experience which includes Modern Foreign Language. For more information on these requirements, visit okbu.edu/catalog/foreign-language.