Health and Human Performance:
Health (Clinical) Track
Bachelor of Science
DEGREE PLAN

No D’s will be accepted in the area of concentration and the supportive courses or in courses comprising majors and minors.

* Other courses for which the student meets the prerequisites also qualify.
† All students must take two sequential courses of the same language at the appropriate level or an approved Multicultural Experience which includes Modern Foreign Language. For more information on these requirements, visit okbu.edu/catalog/foreign-language.

Common Core for Health and Human Performance 40 Hours

| BIBLICAL LITERACY — SELECT TWO COURSES | 6 |
| REL 1013 Old Testament History and Literature | 3 |
| REL 1023 New Testament History and Literature | 3 |
| REL 3073 Biblical Ethics | 3 |

| WRITING AND LITERATURE | 6 |
| ENGL 1153 English Composition: Exposition and Argument | 3 |
| ENGL 1163 English: Composition and Classical Literature | 3 |

| SCIENTIFIC LITERACY | 5 |
| CHEM 1105 General Chemistry I | 5 |

| WELLNESS AND LIFELONG FITNESS | 2 |
| PHED Activity Course | 1 |
| PHED 1001 The Wellness Lifestyle (Concepts in Fitness) | 1 |

| HISTORY AND LITERATURE | 12 |
| ENGL 2013 European Civilization: Literature | 3 |
| and HIST 2013 European Civilization: History | 3 |

| FINE ARTS — SELECT ONE COURSE | 3 |
| FNAR 2063 Arts and Western Culture | 3 |
| FNAR 2163 Arts and Ideas | 3 |

| MODERN FOREIGN LANGUAGES & MULTICULTURAL EXPERIENCE | 6 |
| — Modern Foreign Language Course | 3 |
| — Modern Foreign Language Course | 3 |

| Flex Core | 14 Hours |
| CMAR 1092 Introduction to Speech Communication | 2 |
| MATH 2003 Basic Statistics | 3 |
| PSYC 1223 General Psychology | 3 |

| SELECT ONE COURSE | |
| MATH 1163 College Algebra | 3 |
| MATH 1173 College Trigonometry | 3 |
| MATH 2013 Analytic Geometry and Calculus I | 3 |

| SELECT ONE COURSE | |
| POLI 1223 American National Government | 3 |
| SOCI 1223 Introduction to Sociology | 3 |

| Area of Concentration | 56-60 Hours |
| BIOL 2354 Human Anatomy | 4 |
| BIOL 2364 Human Physiology | 4 |
| HHP 1011 Introduction to Health and Human Performance | 1 |
| HHP 1733 Introduction to Nutrition | 3 |
| HHP 3233 Sport and Exercise Psychology | 3 |
| HHP 3403 Sport and Exercise Nutrition | 3 |
| HHP 3504 Exercise Testing and Prescription | 4 |
| HHP 3804 Exercise Physiology | 4 |
| HHP 4099 Clinical Internship in Health and Human Performance | 1-4 |
| HHP 4109 ACSM Certification | 1-2 |
| HHP 4704 Clinical Testing and Prescription | 4 |
| HHP 4804 Clinical Exercise Physiology | 4 |

| SELECT TWENTY HOURS | |
| BIOL 2044 Animal Biology | 4 |
| BIOL 3062 Research Methods and Biostatistics | 2 |
| BIOL 3274 Microbiology | 4 |
| BIOL 3043 Immunology | 3 |
| BIOL 4014 Genetics | 4 |
| CHEM 1115 General Chemistry II | 5 |
| CHEM 3054 Biochemistry | 4 |
| CHEM 3104 Organic Chemistry I | 4 |
| CHEM 3114 Organic Chemistry II | 4 |
| ENGL 2743 Advanced Writing: Technical | 3 |
| HHP 3103 Motor Learning of Sports and Movement Skills | 3 |
| HHP 3709 Cancer Rehabilitation | 1-4 |
| HHP 3713 Exercise and Cancer Research | 3 |
| HHP 4329 Advanced Topics in Health and Human Performance | 1-4 |
| HHP 4833 Introduction to Biomechanics | 3 |
| HHP 4999 Independent Studies in Health and Human Performance | 1-4 |
| NURS 1153 Medical Terminology | 3 |
| PHYS 2414 College Physics I | 4 |
| PHYS 2424 College Physics II | 4 |
| PHYS 2515 University Physics I | 5 |
| PHYS 2525 University Physics II | 5 |
| PSYC 1223 Child and Adolescent Development | 3 |
| PSYC 4723 Abnormal Psychology | 3 |
| SOCI 3303 Aging and Death | 3 |
| SPED 3022 Introduction to Exceptional Child | 2 |

| Electives | 14-18 Hours |
| Courses selected on the basis of student interest in consultation with faculty advisor. |

| Total Hours | |
| Common Core for Health and Human Performance | 40 |
| Flex Core | 14 |
| Area of Concentration | 56-60 |
| Electives | 14-18 |

Total hours required for graduation 128

Oklahoma Baptist University
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