

Exercise Science

Emphasis in Pre-Allied Health

Bachelor of Science

DEGREE PLAN

Common Core 35 Hours

CORE CAPSTONE 0

GNED 3000 Core Capstone 0

BIBLICAL LITERACY 6

BIBL 1013 Introduction to Christian Scripture 3

BIBL 1023 Christian Theology and Ethics 3

COMPOSITION AND LITERATURE 6

ENGL 1153 English Composition: Exposition and Argument 3

ENGL 1163 English: Composition and Classical Literature 3

SCIENTIFIC LITERACY AND MATHEMATICS 7

GNSC 1124 Issues in Biology 4

MATH 1163 College Algebra 3

WELLNESS AND LIFELONG FITNESS 1

PHED 1001 The Wellness Lifestyle 1

HISTORY AND LITERATURE 12

ENGL 2013 European Civilization: Literature 3

and HIST 2013 European Civilization: History 3

ENGL 2023 Modern West: Literature 3

and HIST 2023 Modern West: History 3

PHILOSOPHY AND FINE ARTS — SELECT ONE COURSE 3

FNAR 2063 Arts and Western Culture 3

FNAR 2163 Arts and Ideas 3

PHIL 1043 Introduction to Philosophy 3

Supportive Core 20-22 Hours

COMS 1093 Introduction to Speech Communication 3

ENGL 2743 Advanced Writing: Technical 3

MATH 2003 Basic Statistics 3

PSYC 1223 Introduction to Psychology 3

PSYC 4723 Abnormal Psychology 3

SELECT ONE COURSE

CHEM 1105 General Chemistry I 5

OR

CHEM 1054 Intro to Chemistry I AND 4

CHEM 1063 Intro to Chemistry II 3

Area of Emphasis 34-37 Hours

BIOL 2354 Human Anatomy 4

BIOL 2364 Human Physiology 4

EXSC 1011 Introduction to Exercise Science 1

EXSC 1101 First Aid/CPR 1

EXSC 1723 Care & Prevention of Athletic Injury 3

EXSC 1733 Introduction to Nutrition 3

EXSC 2353 Legal Issues in ESSR 3

EXSC 3103 Motor Learning 3

EXSC 3504 Exercise Testing and Prescription 4

EXSC 3804 Exercise Physiology 4

EXSC 4099 Internship in Exercise Science 1-4

NURS 1153 Medical Terminology 3

SELECT FROM THESE COURSES 14-17

CHEM 1115 General Chemistry II 5

EXSC 2103 Inclusive Physical Activities 3

EXSC 3053 Advanced Injury Management 3

EXSC 3233 Sport and Exercise Psychology 3

EXSC 3403 Sport and Exercise Nutrition 3

EXSC 3553 Current Health Issues 3

EXSC 4003 Therapeutic Modalities in Sports 3

EXSC 4013 Therapeutic Exercise in Athletic Training 3

EXSC 4183 Organization and Administration 3

EXSC 4804 Exercise Physiology II 4

EXSC 4833 Biomechanics 3

NURS 3012 Holistic Assessment 2

NURS 3434 Research for Healthcare 2

NURS 4133 Health Focus: Community and Population 3

PHYS 2414 College Physics I 4

PHYS 2424 College Physics II 4

PSYC 2043 Child and Adolescent Development 3

SOCI 3303 Aging and Death 3

SPED 3022 Intro to Children with Exceptionalities 2

NURS, BIOL, or CHEM Elective 3-5

Electives 9-18 Hours

Courses selected on the basis of student interest in consultation with faculty advisor.

Total Hours

Common Core 35

Supportive Core 20-22

Area of Emphasis 34-37

Area of Emphasis Electives 14-17

Electives 9-18

Total hours required for graduation 120

All degrees must include at least 30 upper-level hours. No D's will be accepted in the area of concentration and supportive courses or in courses comprising majors and minors.

* Other courses for which the student meets the prerequisites also qualify.