



BlueCross BlueShield of Oklahoma

Experience. Wellness. Everywhere.®

Your Online Health and Wellness Resource

It's easy to get started

1. Go to **bcbsok.com**.
2. Click the Already a Member? tab.
Then click the Register Now button in the Blue Access for Members section.
3. Use the information on your Blue Cross and Blue Shield of Oklahoma ID card to complete the registration process.

Blue Access® for Members

Would you like to know when your medical claims are paid and the payment amounts? Do you need to confirm who in your family is included under your coverage? Blue Access for Members (BAM), the secure member portal from Blue Cross and Blue Shield of Oklahoma, can help. Get immediate online access to health and wellness information and:

- Check the status of a claim and your claims history
- Confirm who in your family is covered under your plan
- View and print an Explanation of Benefits (EOB) for a claim
- Locate a doctor or hospital in the network
- Select an option to stop receiving EOBs in the mail
- Sign up to receive claim status e-mail alerts
- Request a new or replacement member ID card or print a temporary member ID card



bcbsok.com

Other Online Resources for Health Care Information

Health Risk Assessment

Learn about your health status and risks by completing a confidential health risk assessment (HRA) available through Blue Access for Members.

The HRA is an easy-to-use online questionnaire that takes 10 minutes to complete. Upon completion, you can receive an in-depth personal report that helps you understand your current health status and risks, along with specific suggestions about how to make positive and lasting changes.

Name	Rank	Index	Patients/Yr	Mortality	Complications	LOS	Cost
Main Street Hospital	1st	1.67	3rd	1st	2nd	1st	
Hometown Hospital	1st	1.67	2nd	-	1st	2nd	2nd
Mother & Child Medical Center	3rd	2.87	5th	-	1st	4th	2nd
ABC Hospital	4th	3.00	1st	-	4th	1st	4th
Mercy Hospital & Medical Center	5th	4.67	4th	-	5th	4th	5th

Care Comparison® Tool

When your physician has recommended a surgical treatment, you can easily find and review the outcome history of procedures previously performed at hospitals using the Care Comparison tool.

For example, if you are having coronary bypass surgery, you can review a hospital's performance based on factors such as:

- Mortality
- Length of stay
- Complications
- Number of procedures performed
- Cost

To review hospital outcome data, log in to Blue Access for Members. Click the My Health tab and select the Tools link, then Care Comparison.

Treatment Cost Advisor™

Through the Treatment Cost Advisor* tool, you can find the typical cost of a health care procedure for a list of common medical conditions.

View the list of topics and select a condition, diagnostic test, drug or medical procedure. Customize your information and enter your age, gender and ZIP code to receive an estimated cost summary.

Log in to Blue Access for Members. Click the My Health tab and select the Tools link, then Treatment Cost Advisor to get started.

**All information is intended for your general use only and is not a substitute for medical advice or treatment for specific medical conditions. You should seek prompt medical care for any specific health issues and consult your physician before taking any action on your health conditions. Use of this online service is subject to the Terms and Conditions.*

Mobile



Blue Access MobileSM Experience. Wellness. **Everywhere.**[®]

Blue Access Mobile brings convenient, secure access to your mobile phone.

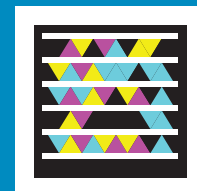
From your mobile phone Web browser, you can:

- ⊗ Register or log in to your secure member site – Blue Access for MembersSM – to view coverage details, access identification (ID) cards, check claims status, and view health and wellness information
- ⊗ Find a doctor, hospital or urgent care facility
- ⊗ Shop for insurance and get a quote before applying
- ⊗ Locate Blue Cross and Blue Shield of Oklahoma (BCBSOK) contact information

It is easy to experience Blue Access Mobile. Simply go to bcbsok.com from your mobile phone Web browser.

There is no registration required to access the mobile site. However, BCBSOK members must enter their user name and password to log in to Blue Access for Members.

The Microsoft Tag allows smartphone users to get additional information by scanning the tag below. Download the tag app at <http://gettag.mobi>. Then scan the tag with your smartphone camera to go directly to the Blue Access Mobile website. Or, visit bcbsok.com/mobile for more information.



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