

# Registration Form

Return the below portion with your payment. Registration is ends June 16. For more information contact the OBU Track & Field office at 405-878-2133, Head Coach Ford Mastin at 405-570-9952 or by e-mail: ford.mastin@okbu.edu

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

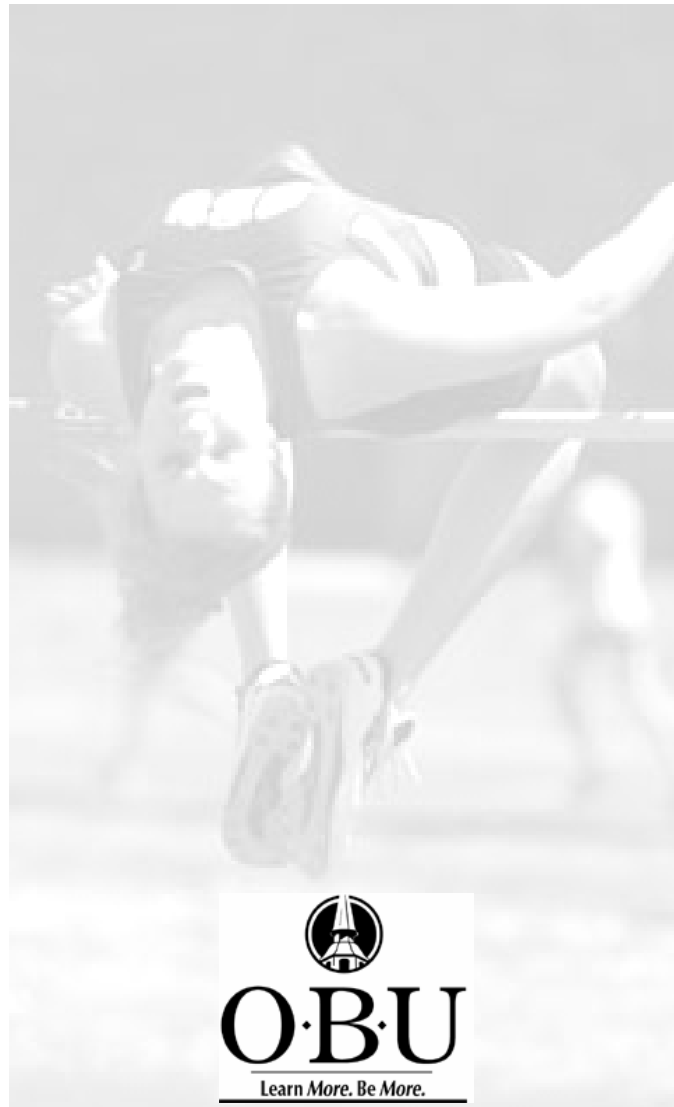
Event of Interest: \_\_\_\_\_

Physicians Statement or copy of Athletic physical: I hereby certify that I have examined the camper listed and found him or her physically fit to attend and participate in the camp and I know of no impairments which would limit participation in all activities at camp.

Physician's Signature & Date:  
\_\_\_\_\_

I hereby release Oklahoma Baptist University and the coaches of the OBU Track & Field Camp from all claim on account of pre-existing injury, pre-existing medical claims on condition or any injury sustained at the camp. I agree to indemnify Oklahoma Baptist University and its respective employees, agents, members and authorized representatives harmless at all times against any and all loses, claims, damages, costs or expenses incurred by the School or claimed against the School by any person in connection with the Applicant's use of the property. I hereby state that my son/daughter is physically fit to participate in the OBU Track & Field Camp.

Parent Signature & Date:  
\_\_\_\_\_



## Oklahoma Baptist University

OBU Track & Field  
OBU Box 61209  
500 West University  
Shawnee, OK 74804  
Phone: 405-878-2133  
Fax: 405-878-2152  
E-mail: ford.mastin@okbu.edu

## Oklahoma Baptist University



## Track & Field Camp June 18-20, 2007

On the campus of Oklahoma Baptist University



- Sprints
- Hurdles
- Distance
- High Jump
- Triple Jump
- Long Jump
- Pole Vault
- Shot Put
- Discus
- Injury Prevention

## General Information

### Age Group:

### Camp Tuition:

- \$110 for overnight campers.
- \$70 for campers who will arrive each day.

Each cost includes meals and a t-shirt. \*\*Call for team rates (4 or more)\*\*

**Facilities (Track & Field):** For details of the newly renovated track & field facility, please visit the OBU web page at [www.okbu.edu](http://www.okbu.edu)

**Camp Director:** Ford Mastin, OBU track & field head coach.

### Campus Map:

[http://www.okbu.edu/about/obu\\_map.pdf](http://www.okbu.edu/about/obu_map.pdf)

**Camp Objective:** The objective of the Bison Track & Field Camp is to promote, teach, and enhance the fundamentals of all track & field events with attention to specific and technical aspects of training, competition, and development. The Bison track & field camp is dedicated to helping athletes of all levels and ability learn the latest training techniques for their event(s).

## Camp Schedule

**Dates:** June 18-20, 2007

### Times:

Monday, June 18

1:00PM—5:00PM

**Night Activities:** Daily film analysis, swimming, games, movies

Tuesday, June 19

9:00AM—5:00PM

**Night Activities:** TBA

Wednesday, June 20

9:00AM—11:00AM

### Additional Information:

Day campers will receive 1 meal per day. All meals are included in the overnight camper's package in addition to evening activities.

## Coaching Staff



OBU Head Track Coach Ford Mastin was named NAIA coach of the year for men's outdoor track in 1998 and women's indoor track in 2005 and again in 2007. His teams have been national champions twice, runners-up four times, have had seven third place finishes and six fourth place finishes. Mastin's teams have been Sooner Athletic Conference champions 15 times in men's competition and 21 times in women's competition. Over 100 athletes have earned over 400 All American awards. As an OBU athlete, Mastin competed in the hurdle & relay events and cross country his last two years. Mastin started his coaching career at TCU as an assistant. After TCU, Mastin served as the head coach at Prague HS for 14 years and has been at OBU since 1996. Mastin holds a BME degree from OBU, a MDiv degree from Southwestern Seminary and a MED degree from East Central University. He and his wife Terri are parents to Linsey, Trevor, and Kaeley.

A graduate of OBU, Coach Johnson was a national champion in the NAIA marathon in 1999. This after being runner-up in 1998. Coach Johnson holds a M.S. degree from Oklahoma State University. Coach Johnson was named Sooner Athletic Conference and Region VI men's cross country coach of the year each of the last two seasons.



Coach Matt Kennedy came to OBU from Midwestern State University in Wichita Falls, Texas where he assisted with the women's cross country team. Prior to MSU, Kennedy served for three seasons as the head track and field coach at Wichita Christian High School. Kennedy's squads finished among the top eight at the TAPPS State Track and Field Championships each of his three seasons. During this time, Kennedy's athletes brought home 13 individual state titles along with numerous other top-five awards.

## What to Bring

Workout Clothes, running shoes/spikes, bathing suit, toiletry items, bedding, pillow, towels, throwing implements & shoes.

