

**Exercise and Sports Science**  
**Emphasis in Exercise Physiology and Wellness**

**Freshman**

**Fall**

REL 1013-Old Testament(3)  
ENGL 1153-English(3)  
Foreign Language-3  
KINE 1732-Basic Nutrition(2)  
CMAR 1092-Communications(2)  
PHED 1001-Wellness lifestyle(1)  
KINE 1201-Basic Tech in KALS(1)  
KINE 1011-Survey of movement science(1)  
*16 hours*

**J-Term**  
Elective (1)

**Spring**

REL 1023-New Testament(3)  
ENGL 1163-English(3)  
Foreign Language-3  
KINE 1723-Care&prev. Athl. Inj(3)  
POLI 1223-U.S. Govern(3)  
KINE 1101-First aid/CPR(1)  
  
*16 hours*

**Sophomore**

**Fall**

ENGL 2013/HIST 2013-Civ(6)  
KINE 2534-Funct. Hmn. Mus Anatomy(4)  
KINE 3352-Legal issues in KALS(2)  
MATH 1163-3  
  
*15 hours*

**Spring**

ENGL 2023/HIST 2023-Civ(6)  
Lab Science-4  
Fine Arts-3  
Minor Elective-2  
PE-1  
*16 hours*

**Junior**

**Fall**

KINE 3804-Ex Physiology(4)  
MATH 2003-Basic STAT(3)  
PSYC 1223-General PSYC(3)  
BIOL 2364-Human Anatomy(4)  
KINE Elective-3  
*17 hours*

**Spring**

KINE 3022-Prin. Ex/Fitness Beh(2)  
KINE 3102-Motor Learning(2)  
KINE 3602-Prog. Design Fitness/Sport(2)  
KINE 4803-Ex Physiology II (3)  
Minor Electives-7  
*16 hours*

**Senior**

**Fall**

KINE 3553-Current HLTH issues(3)  
KINE 3201-Tech/design Fitness Act(1)  
Electives-2  
Minor Electives-9  
*15 hours*

**Spring**

KINE 4183-Organ & Admin of Rec(3)  
Electives-7  
KINE 4833-Kinesiology(3)  
KINE 3403-Nutrition fitness Sport(3)  
*16 hours*