Oklahoma Baptist University
Bachelor of Science
Exercise and Sports Science
Emphasis in Exersice Physiology and Wellness

COMMON CORE (40 hours)		OBU	TRF	HR-ND
GNED 1001 The Cornerstone	(1)			
Religion (6 hours)				
REL 1013 Old Testament	(3)			
REL 1023 New Testament OR	(3)			
REL 3073 Biblical Ethics	(3)			
ENGL 1153 Engl. Comp: Expos. & Argumnt	(3)			
ENGL 1163 Engl. Comp: Classical Literature	(3)			
Lab. Science (Check Prereqs)	(4)			
PHED 1001 The Wellness Lifestyle	(1)			
PHED Activity	(1)			
Western Civilization (6 hours)				
ENGL 2013 European Civ. Literature	(3)			
HIST 2013 European Civ. History	(3)			
Western or Non-Western Civ (6 hours)				
ENGL 2023 Modern Civ. Literature	(3)			
HIST 2023 Modern Civ. History OR	(3)			
ENGL 2033 World Civ. Literature	(3)			
HIST 2033 World Civ. History	(3)			
The Fine Arts: Choose One (3 hours):				
FNAR 2063 Arts and Western Culture OR	(3)			
FNAR 2163 Arts and Ideas	(3)			
Modern Foreign Language/Multicultural Experience (6 hours)				
	(3)			
	(3)			
TOTAL HOURS (COMMON CORE)				

FLEX CORE (14 hours)		OBU	TRF	HR-ND
CMAR 1092 Communication	(2)			
MATH 1163 or higher	(3)			
MATH 2003 Basic Statistics	(3)			
PSYC 1223 General Psychology	(3)			
POLI 1223 US Government	(3)			
TOTAL HOURS (FLEX CORE)				

ELECTIVE/PREREQUISITES (to total 128 hours)				

AREA OF CONCENTRATION (50 hours)		OBU	TRF	HR-ND
BIOL 2364 Human Physiology	(4)			
KINE 1011 Survey of Movement Science	(1)			
KINE 1101 First Aid/CPR	(1)			
KINE 1201Basic Technology in KALS	(1)			
KINE 1723 Care & Prevention of Athletic Inj	(3)			
KINE 1732 Basic Nutrition	(2)			
KINE 2534 Funct Human Muscol Anatomy	(4)			
KINE 3022 Principles of Exercise/Fit Behav	(2)			
KINE 3102 Motor Learning and Movement	(2)			
KINE 3201 Teach/Design Fitness Activities	(1)			
KINE 3352 Legal Issues in KALS	(2)			
KINE 3403 Nutrition for Fitness and Sport	(3)			
KINE 3503 Exercise Assessment&Prescrip	(3)			
KINE 3553 Current Health Issues	(3)			
KINE 3602 Prog Design for Fit & Sport Activ	(2)			
KINE 3804 Exercise Physiology I	(4)			
KINE 4099 Internship	(3)			
KINE 4183 Organ & Admin of Rec	(3)			
KINE 4803 Exercise Physiology II	(3)			
KINE 4833 Kinesiology	(3)			
TOTAL HOURS (Area of Concentration)				

CHOOSE 3 HOURS FROM:		OBU	TRF	HR-ND
BIOL 2354 Human Anatomy	(4)			
CHEM 1104 General Chemistry I	(4)			
CHEM 1114 General Chemistry II	(4)			
KINE 4101 NSCA Certification	(1)			
KINE 4329 Advanced Topics in Kinesiology	(3)			
KINE 4999 Independent Study in Kinesiology	(3)			
LEIS 2252 Survey of Outdoor Recreation	(2)			
LEIS 3242 Leadership in Leisure Service Mgmt	(2)			
LEIS 4403 Planning/Designing Kinesiology & Leisure Service Facilities	(3)			
MATH 2013 Analytical Geometry & Calc I	(3)			
TOTAL HOURS (Area of Concentration)				

Minor		OBU	TRF	HR-ND

ELECTIVE/PREREQUISITES (to total 128 hours)				

GRAND TOTAL HOURS				

EPE _____(Satisfied by grade of "C" or better in ENGL 1163 or its transfer equivalent)

*A grade of C or better is required in all major, minor and A/C courses.

**No more than 64 coummunity college semester hours will be credited toward OBU degrees. Full credit is given for work completed in accredited senior college & universities depending on course content.

***Check all other graduation requirements in catalog. Although the university seeks to provide continuing advisement, the ultimate responsibility of knowing and fulfilling those degree requirements listed in the catalog rests with the student.

Note: No more than 18 hours of "D" will be accepted toward a degree

Students may satisfy both the Modern Foreign Language and Multicultural Experience component of the Common Core requirement by successfully testing through the Intermediate Level of any of the languages for which CLEP credit is available , by taking the beginning college levels (I & II) of a language different than that studied in high school, by passing two semesters of a non-Western language, or by passing one semester of a non-Western language + a multicultural option. (See the catalog for further clarification.)